



theNewsletter

Preventing Child Abuse In Mendocino County

10
CAC New Year's
Resolutions



Happy



2014



Children's Action Committee Issue No. 10 – January 2014

Preventing Child Abuse in Mendocino County

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ACKNOWLEDGEMENTS

My sincere thanks to Sheryn Hilderbrand, Willow Anderson, Hanna Negusie, Sean Telles, Rebecca Benn, and all the fantastic contributors who graciously assisted during outreach events or provided their knowledge.

PHOTO CREDITS

Kary Fernández

PARTNERS



MADE WITH PRIDE IN UKIAH, CALIFORNIA



EDITOR'S NOTE

Welcome to the first volume of Children's Action Committee, a monthly newsletter that compiles a brief report of our efforts to prevent child abuse and neglect in Mendocino County. I'd like to thank everyone who took the time to read and share the issue – the outpouring of encouragement from readers across the county has been inspiring.

I am thrilled and privilege at having the honor of sharing another thoughtful issue. Please consider supporting the Children's Action Committee by volunteering or donating at <http://www.mendocinokids.org/>.

Thanks for reading, enjoy!

Kary Fernández
Editor

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New Year's Resolutions

January is one of my favorite months because it gives many opportunities to start afresh, to reflect on our accomplishments and disappointments from the previous year, as well as to set new goals and resolutions. The Children's Action Committee (CAC) is no different than many individuals who seek to set new goals, which may include giving more to our community in the most efficient and effective manner. To become a better committee, CAC has set its highest standards with three New Year's resolutions: to increase awareness, strengthen our relationship with the community, and increase our visibility.

To increase awareness we are displaying banners on State Street in Ukiah and doing door to door outreach with the help of AmeriCorps VISTAs and other volunteers. We are giving community members tools, brochures, and information to prevent child abuse and neglect.

To strengthen our relationships with the community we are working collaboratively by coordinating events for Child Abuse Prevention month in April. We look forward to "CAC outreach walks," and also to making pinwheel gardens for "Day of the Child" on April 12th at Nokomis Elemen-

tary School. Overall, we are well-spread throughout our community, and everyone will have our resources at their fingertips. By February, we will share all definite events, dates, and times. Please look for our blue and silver pinwheels, ribbon magnets for cars, and blue ribbon pins which are all symbols of child abuse and neglect prevention.

To increase our visibility we have updated our website, which will be launched this month! Also, we are creating a new child abuse prevention video examining the latest trends and statistics of child abuse. Our video will be also posted on CAC's new website and YouTube. Overall, we have a lot of exciting projects this upcoming year that will help families in our community by giving them the tools to prevent child abuse and neglect.

Please join us by volunteering, donating and supporting. We are happy to share our New Year resolutions, and most importantly we are excited to help families achieve their goal of raising healthy and happy children in Mendocino County!

We would also like to wish a farewell to previous VISTAs:

The Children's Action Committee would like to thank the AmeriCorps VISTAs that completed a year of service in Mendocino County. Thank you Sean Telles, Hanna Negusie, and Rebecca Benn for all of your hard work and support! We appreciate you, and have no words to describe how grateful we are for your commitment and efforts. We wish you the absolute best in all of your future endeavors.

CAC would love to wish everyone a Happy and Prosperous New Year!



Rebecca Benn is the Lactation and Infant Health Advocate. She advocates the importance of breast-feeding and the impact in a child's health. She has been a valuable asset to FIRST 5 Mendocino as well.



Hanna Negusie, is the Maternal and Child Health Advocate. She has worked at Public Health during her service. Her work has helped reduce substance abuse during pregnancy.



Sean Telles is a Social Entrepreneur. He has dedicated a year of his life to help FIRST 5 Mendocino implement social media efforts and outreach in Mendocino County.

Sean and his wife Lorianne Salazar on the right.

MEMBERS OF CHILDREN'S ACTION COMMITTEE

- **Camille Schraeder**—Executive Director, Redwood Children's Services, Inc.
- **Anne Molgaard**—Executive Director, FIRST 5 Mendocino
- **Sheryn Hildebrand**—Executive Director, CASA of Mendocino and Lake Counties
- **Krissy Weiss**—Billing Coordinator, Redwood Children's Services Inc.
- **Willow Anderson**—Public Relation Coordinator, Redwood Children's Services Inc.
- **Susan McConnell**—Director of Child Development, Mendocino County Office of Education
- **Patti Williams**—Public Health Nurse, HHSA, Public Health
- **Ben Anderson**—Executive Director, Tapestry Family Services
- **Linda Edgington**—Program Representative, Mendocino County 4-H
- **Barbara Reber**—Behavioral Health and Recovery Services
- **Bryan Lowery**—Deputy Director, HHSA-Social Services Branch-CFS
- **Ana Madrigal-Duran**—HHSA, Child Welfare
- **Kathryn Dornhuber**—Head Start Coordinator
- **Kary Fernandez**—Children Action Committee's Coordinator, VISTA 2013-2014
- **Lia Holbrook**—Project Sanctuary
- **Melanie Wagner**—Project Sanctuary
- **Kate Gaston**—Executive Director, Mendocino County Youth Project
- **Laura Warren**—MCAH Director of HHSA
- **Corrina Avila**—Community Member

Partners and Collaborators

Ukiah

Arbor on Main
Ages 15-24
303 N. Main St.
468-5536

Ukiah

FIRST 5 Mendocino
166 Gobbi St.
462-4453

Ukiah

Nuestra Casa
487 N. State St.
463-8181

Potter Valley

PV Youth & Community Center
10270 Main St.
743-1789

Laytonville

Laytonville Healthy Start
44400 Willis Ave.
984-8089

Willits

Nuestra Alianza De Willits
291 School St. #1
456-9418

Covelo

Round Valley
Family Resource Center
76450 Airport Rd
983-6262

Gualala

Action Network
39144 Ocean Dr. #3
884-5413

CAC's next monthly meeting will take place:
Thursday, January 9th at
10:30am - 12:30pm Public
Health on Dora, Room 102

